



Dallam School

PSHCE Curriculum Overview

Department: PDev

Year Group: 10

AUTUMN		SPRING		SUMMER	
Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Theme/ topic	Theme/ topic	Theme/ topic	Theme/ topic	Theme/ topic	Theme/ topic
Personal Wellbeing	Citizenship & Ethics	Careers & Finance	Relationships & Sex Education	Healthy Living	Personal Safety
By the end of this half term pupils will know (key knowledge, including tier 3 vocabulary)					
<ul style="list-style-type: none"> ➤ the pressures caused by social media ➤ how to face up to challenges in life ➤ the emotional side of bereavement ➤ how to manage social anxiety ➤ the impact of screen time 	<ul style="list-style-type: none"> ➤ the different types of governance around the world ➤ the different elections held in the UK ➤ how local councils work ➤ the three strands of government ➤ how citizens can hold government to account ➤ how laws are made at different levels in the UK ➤ what role lobbying and pressure groups play in politics 	<ul style="list-style-type: none"> ➤ the laws surrounding health and safety at work ➤ what trade unions are and their role in the workplace ➤ what ethical consumerism is ➤ what are the main money stressors and pressures for adults in the UK ➤ the dangers of gambling ➤ how to recognise online/digital scams 	<ul style="list-style-type: none"> ➤ the values and characteristics of a healthy relationship ➤ the legal rights and protections of marriage versus cohabitation ➤ how to communicate consent and how to withdraw it. ➤ The current UK situation with regards to violence against women and girls ➤ The dangers of pornography ➤ Contraception and protection against STIs 	<ul style="list-style-type: none"> ➤ How to identify if health information comes from a reliable source ➤ The history of vaccines and how they are developed ➤ About organ, blood, and tissue donation ➤ How to monitor their own health ➤ How to manage a balanced healthy lifestyle 	<ul style="list-style-type: none"> ➤ The laws and dangers of using e-scooters ➤ What extremism is and how to spot extremist views online and in real life ➤ Why fighting isn't the answer and the possible consequences of fighting ➤ What public order offences are and how they are dealt with by the legal system ➤ What sextortion is, how to spot it and how to report it
They will understand (key concepts)					
<ul style="list-style-type: none"> ➤ the pressures caused by social media ➤ how to face up to challenges in life ➤ the emotional side of bereavement ➤ how to manage social anxiety 	<ul style="list-style-type: none"> ➤ the different types of governance around the world ➤ the different elections held in the UK ➤ how local councils work ➤ the three strands of government 	<ul style="list-style-type: none"> ➤ the laws surrounding health and safety at work ➤ what trade unions are and their role in the workplace ➤ what ethical consumerism is 	<ul style="list-style-type: none"> ➤ the values and characteristics of a healthy relationship ➤ the legal rights and protections of marriage versus cohabitation 	<ul style="list-style-type: none"> ➤ How to identify if health information comes from a reliable source ➤ The history of vaccines and how they are developed ➤ About organ, blood, and tissue donation 	<ul style="list-style-type: none"> ➤ The laws and dangers of using e-scooters ➤ What extremism is and how to spot extremist views online and in real life ➤ Why fighting isn't the answer and the possible

<ul style="list-style-type: none"> ➤ the impact of screen time 	<ul style="list-style-type: none"> ➤ how citizens can hold government to account ➤ how laws are made at different levels in the UK ➤ what role lobbying and pressure groups play in politics 	<ul style="list-style-type: none"> ➤ what are the main money stressors and pressures for adults in the UK ➤ the dangers of gambling ➤ how to recognise online/digital scams 	<ul style="list-style-type: none"> ➤ how to communicate consent and how to withdraw it. ➤ The current UK situation with regards to violence against women and girls ➤ The dangers of pornography ➤ Contraception and protection against STIs 	<ul style="list-style-type: none"> ➤ How to monitor their own health ➤ How to manage a balanced healthy lifestyle 	<p>consequences of fighting</p> <ul style="list-style-type: none"> ➤ What public order offences are and how they are dealt with by the legal system ➤ What sextortion is, how to spot it and how to report it
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They will know how to *(key skills)*

<ul style="list-style-type: none"> ➤ identify the pressures caused by social media ➤ face up to challenges in life ➤ recognise the stages of grief ➤ manage social anxiety ➤ recognise the negative impact of screen time 	<ul style="list-style-type: none"> ➤ identify different types of governance around the world ➤ list the different elections held in the UK ➤ understand the role of local councils ➤ understand the three strands of government ➤ hold government to account as an active citizen ➤ identify lobbying and pressure groups 	<ul style="list-style-type: none"> ➤ deal with health and safety at work ➤ join a trade union and use union membership to protect themselves ➤ be an ethical consumer ➤ identify the main money stressors and pressures for adults in the UK ➤ list the dangers of gambling ➤ recognise online/digital scams 	<ul style="list-style-type: none"> ➤ identify the values and characteristics of a healthy relationship ➤ identify the legal rights and protections of marriage versus cohabitation ➤ communicate consent and how to withdraw it. ➤ Identify microaggressions against women and girls ➤ Recognise the dangers of pornography ➤ Use contraception and protection against STIs 	<ul style="list-style-type: none"> ➤ identify if health information comes from a reliable source ➤ recognise the misinformation around vaccines especially on social media ➤ donate organs, blood and tissue ➤ monitor their own health ➤ manage a balanced healthy lifestyle 	<ul style="list-style-type: none"> ➤ identify the dangers of using e-scooters ➤ spot extremist views online and in real life ➤ identify the possible consequences of fighting ➤ recognise a public order offence and know how the police and legal system would deal with it. ➤ Define what sextortion is, how to spot it and how to report it
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PSHCE Curriculum Overview

Department: PDev

Year Group: 11

AUTUMN		SPRING		SUMMER	
Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Theme/ topic	Theme/ topic	Theme/ topic	Theme/ topic	Theme/ topic	Study leave
Personal Wellbeing	Citizenship & Ethics	Careers & Finance	Relationships & Sex Education	Healthy Living	
By the end of this half term pupils will know (key knowledge, including tier 3 vocabulary)					
<ul style="list-style-type: none"> ➤ How to evaluate their emotional wellbeing ➤ how to deal with stress ➤ how to achieve a work-life balance ➤ how to deal with the aftermath of suicide ➤ how to manage strong emotions ➤ how to deal with the ending of relationships ➤ how to make use of constructive criticism and feedback 	<ul style="list-style-type: none"> ➤ about human rights as enshrined in UK law ➤ about the diverse nature of the UK ➤ about the Equality Act and protected characteristics ➤ the function of a free press in a democracy ➤ how to identify fake news ➤ the benefits of volunteering 	<ul style="list-style-type: none"> ➤ what is needed for someone to live independently successfully ➤ the difference between credit and debt ➤ what entrepreneurship is and the skills entrepreneurs have ➤ what pensions are and why it is important to have one 	<ul style="list-style-type: none"> ➤ different types of parenting strategies and the impact each has on the children ➤ the different types of domestic abuse and the law relating to it ➤ issues and problems surrounding fertility and reproductive health ➤ their legal options when facing an unplanned pregnancy ➤ how greater gender equality benefits everyone in society 	<ul style="list-style-type: none"> ➤ the importance of quality sleep ➤ the dangers of tattoos and piercings and how to choose a reputable practitioner ➤ alcohol abuse and its impact on a person physically, mentally, and socially ➤ the dangers of vaping 	<ul style="list-style-type: none"> ➤
They will understand (<i>key concepts</i>)					
<ul style="list-style-type: none"> ➤ How to evaluate their emotional wellbeing ➤ how to deal with stress ➤ how to achieve a work-life balance ➤ how to deal with the aftermath of suicide ➤ how to manage strong emotions ➤ how to deal with the ending of relationships ➤ how to make use of constructive criticism and feedback 	<ul style="list-style-type: none"> ➤ about human rights as enshrined in UK law ➤ about the diverse nature of the UK ➤ about the Equality Act and protected characteristics ➤ the function of a free press in a democracy ➤ how to identify fake news ➤ the benefits of volunteering 	<ul style="list-style-type: none"> ➤ what is needed for someone to live independently successfully ➤ the difference between credit and debt ➤ what entrepreneurship is and the skills entrepreneurs have ➤ what pensions are and why it is important to have one 	<ul style="list-style-type: none"> ➤ different types of parenting strategies and the impact each has on the children ➤ the different types of domestic abuse and the law relating to it ➤ issues and problems surrounding fertility and reproductive health ➤ their legal options when facing an unplanned pregnancy ➤ how greater gender equality benefits everyone in society 	<ul style="list-style-type: none"> ➤ the importance of quality sleep ➤ the dangers of tattoos and piercings and how to choose a reputable practitioner ➤ alcohol abuse and its impact on a person physically, mentally, and socially ➤ the dangers of vaping 	<ul style="list-style-type: none"> ➤
They will know how to (<i>key skills</i>)					

<ul style="list-style-type: none"> ➤ evaluate their emotional wellbeing ➤ deal with stress ➤ achieve a work-life balance ➤ deal with the aftermath of suicide ➤ manage strong emotions ➤ deal with the ending of relationships ➤ make use of constructive criticism and feedback 	<ul style="list-style-type: none"> ➤ identify human rights as enshrined in UK law ➤ talk about the diverse nature of the UK ➤ list protected characteristics ➤ Identify if a press is free in a democracy ➤ identify fake news ➤ list the benefits of volunteering 	<ul style="list-style-type: none"> ➤ identify if someone is ready to live independently successfully ➤ list the different types of loans and debts people can accumulate ➤ identify the skills entrepreneurs have ➤ pay into a pension and make a declaration of intent 	<ul style="list-style-type: none"> ➤ different types of parenting strategies and the impact each has on the children ➤ the different types of domestic abuse and the law relating to it ➤ issues and problems surrounding fertility and reproductive health ➤ their legal options when facing an unplanned pregnancy ➤ how greater gender equality benefits everyone in society 	<ul style="list-style-type: none"> ➤ prioritise quality sleep in the run up to the exams ➤ recognise the dangers of tattoos and piercings and know how to choose a reputable practitioner ➤ identify alcohol abuse and its impact on a person physically, mentally, and socially ➤ recognise the dangers of vaping and know how to get help to quit 	<ul style="list-style-type: none"> ➤
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